

## Abdominal Pain

*Your clinician does not think it is necessary for you to be admitted to the hospital at this time. Sometimes the cause of abdominal pain is very easy to recognize; at other times it may be one of the most difficult diagnoses to make.*

### Watch for These Symptoms

We will ask that you watch for the development of the possible symptoms listed and return or seek additional medical attention if:

- The pain becomes worse or changes location.
- You have an increase in fever or develop shaking chills, or develop a fever.
- You vomit many times or your vomiting persists.
- You see blood in your urine, vomitus, or bowel movements
- You move your bowels many times or your bowel movements stop (become blocked), or you cannot pass gas.
- Your skin or the whites of your eyes look yellow.
- Your abdomen (stomach) becomes swollen or seems larger.
- The pain is not completely gone in 24 hours.
- You develop any dizziness or bleeding.
- You develop chest pain or discomfort of any kind.

Remember that the cause of abdominal pain often cannot be determined from one clinician visit.

### Please Read

For students at University Park campus: If you develop any new, prolonged, or more severe symptoms of your illness, call the UHS advice nurse at 863-4463 or consult your clinician. If UHS is closed, go to Mt. Nittany Medical Center Emergency Department or call 911 for an ambulance.

For students at another Penn State campus location: if your student health center is closed, go to your local hospital emergency room.

### Test Results and Advice Nurse

Please call the nurse for test results and advice: 863-4463

### Appointments

Appointments can be made in person or by phone. If you are unable to keep your appointment, please call and cancel. Otherwise you will be charged for the visit.

To schedule or cancel appointments, call: 863-0774

**For more information about health care issues, visit the UHS Web site at [www.sa.psu.edu/uhs](http://www.sa.psu.edu/uhs)**

This publication is available in alternative media on request.

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